

One day workshop Monday 21st Feb 2011

'Life coaching and solution focused conversation techniques'

Www.Tips4Docs.com

Venue Engineers House, The Promenade, Bristol BS8 3NB

<http://www.eefvenues.co.uk>

Time 9.30 am - 4.30 pm

Fee £150,-

Early bird £130,- (before 19th Nov)

Register by sending the booking form and fee to

Dr. Wouter Havinga, 'Little Pickwick',
Lightwood Lane, Randwick, GL6 6JL or
telephone 07796135838
drhavinga@iseecoaching.com

Content

You will learn 'heart-lift consultation techniques'. After the workshop you will be able to generate the patient's own answers to their problems. It will be the end of any heart-sink patient feeling and also give you more focus in your own daily practice. Ideal for your own development plan and appraisal. This will be achieved by experiencing an outline of life coaching and practicing Solution Focused consultation techniques. These Solution Focused techniques will enable you to guide patients to help themselves.

Dr. Havinga

graduated from medical school in Holland in 1988. He has been working as a GP for the past 17 years. He also held a half-time post in the psychiatric service where he helped people to overcome drug- and alcohol problems. In this post he received training and gained extensive experience in Solution Focused Brief Therapy, Motivational Interviewing techniques and building self-esteem. Furthermore he is trained in Life Coaching and NLP.

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Feedback from colleagues

- I will feel more equipped when faced with patients who present with apparently insoluble problems.
- The exercises on establishing rapport were helpful and useful and I will certainly aim to practice them.
- It is very liberating to know that we do not have to be problem focused, but we can choose to be solution focused.
- A good day.
- I will use the method of life coaching on myself.
- Very enjoyable and heart lifting! I will definitely introduce these ideas into my consultations.
- Excellent day!

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Booking Form

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Register: via the website and Paypal

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or send your details and cheque

Name _____

Surgery Name _____

Address _____

Postcode _____

Telephone No. _____

Email _____

£150,- cheque payable to Dr W Havinga

'Little Pickwick', Lightwood Lane, Randwick, GL6 6JL

(Early bird: £130,- before 19th November)

The course is limited to 20 places

I look forward to welcoming you to this special workshop, guaranteed to give you a wealth of ideas which will inspire you to turn 2011 into your best year yet!

